

PENMARLAM





WELCOME

Welcome to Penmarlam Lodge Retreat

We are so excited that you have chosen us for your Fowey stay.

To help you get settled in, we've left complimentary Simply Cornish biscuits and Simply Cornish tea on the kitchen countertop. They go down a treat after a long drive! We have sourced most of our products locally and we hope you love and enjoy them as much as we do. Please check all labels for any allergens.

To help you get into holiday mode, we've rounded up everything you need to know about our local area, from the best days out to what's happening on the park.

Park shop

Our park shop is open daily from 8:30am-5:30pm. We stock all your daily essentials, including various B Corp treats but more on this later.

We're tucked away just over the river from Fowey and we hope you have an amazing stay with us.

Carole and the Penmarlam team x



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PARK INFORMATION

Reception

Open — Monday - Saturday 8.30am - 7pm
Sunday 8.30am - 5pm
Number — 0333 200 2558
Email - bookings@penmarlampark.co.uk

Out of hours telephone

Number — 07458 035051

Emergency Numbers

Dentist: 01726 833487
K.P. Taxis Fowey: 07857 636881
Minor injuries Bodmin: 01208 251300
NHS non-emergency: 111
Police non-emergency: 101
Pharmacy: 01726 833332
Vets: 01726 77777
Tourist Info: 01726 833616
Quay Garage: 01726 832428

Play Area

- The play area is closed from 9pm
- We don't allow bikes or scooters after dark and bikes are not permitted on the public foot path

Gas or Charcoal BBQ

- Gas or charcoal BBQs only, whilst keep of the grass and use the bricks
- We prohibit open fires, fire-pits & generators

Dog Walking

- Please clean up after your canine camper using the dog waste bins
- Dogs must be kept on a lead at all times

Rules

- Our quiet time is 10 pm - 7 am
- Children must be supervised at all times
- Drive at a walking speed
- No water games or electric scooters



LOVAT HERE?

Holiday at Penmarlam all year round from the comfort of a luxury lodge you can call your own.



Holiday at Penmarlam at a moment's notice.









5 REASONS TO BUY

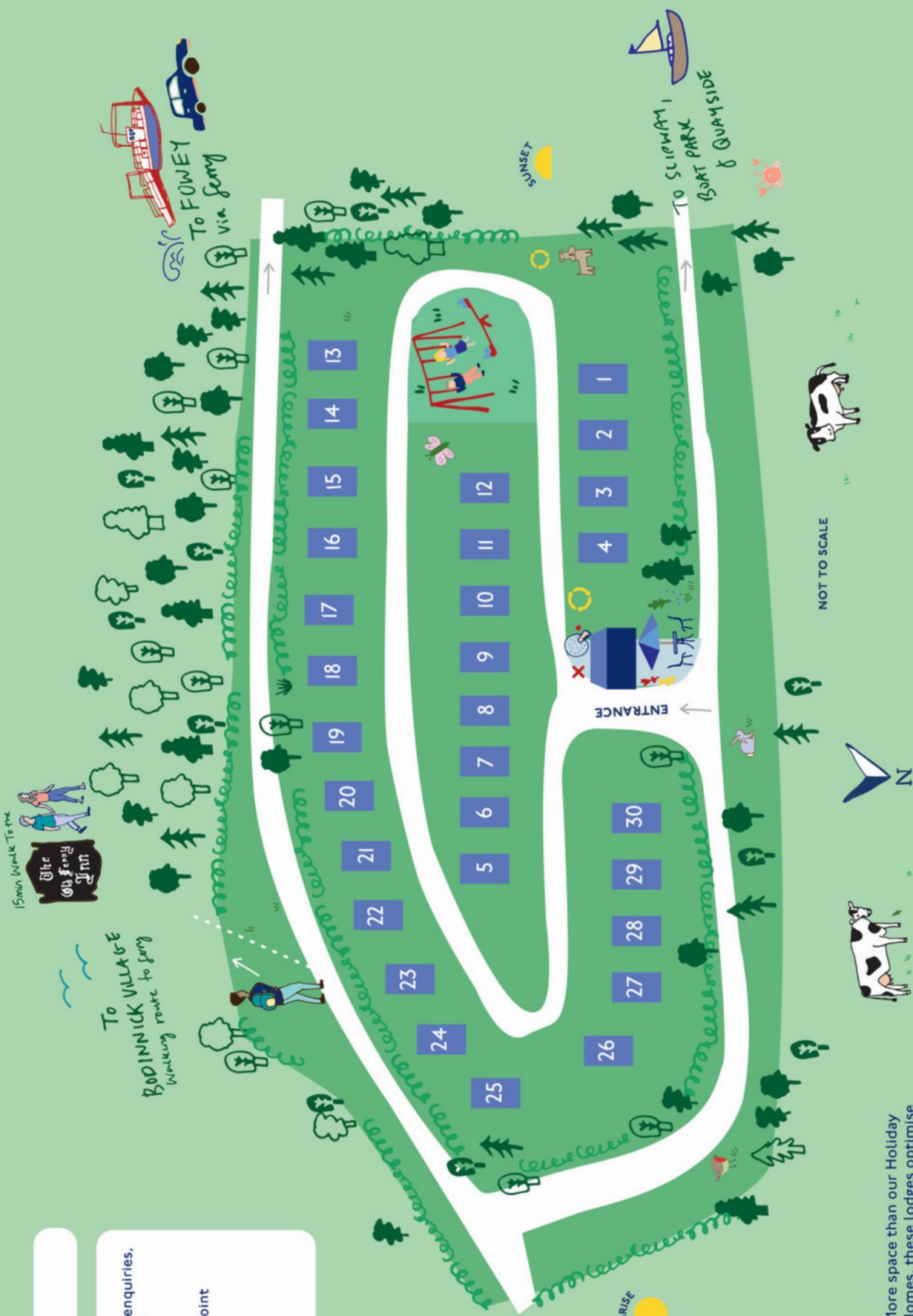


- 100 year licence and residential options available.
- Site fees included for 2023 with finance options available
- Potential to earn income through our holiday letting scheme
- Fibre optic broadband to all lodges
- Owner-only discounts in our shop

For more information about holiday home ownership, speak to our team in reception.

You're staying in:

-  Reception, shop, sales enquiries, dog treat stand, toilets
-  Lodge
-  Emergency assembly point
-  Bins & recycling
-  Dog & wetsuit shower
-  Table tennis



More space than our Holiday Homes, these Lodges optimise the extra space with the moderns that make family life on holiday easier. Some even come with hot tubs!



EQUIPMENT INSTRUCTIONS

We've laid out all the appliance information you need for a hassle-free holiday from day one

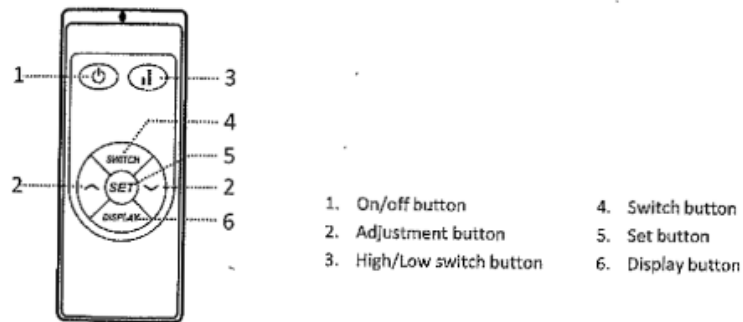


Let's help you settle in with no issues.

Ceiling Heater

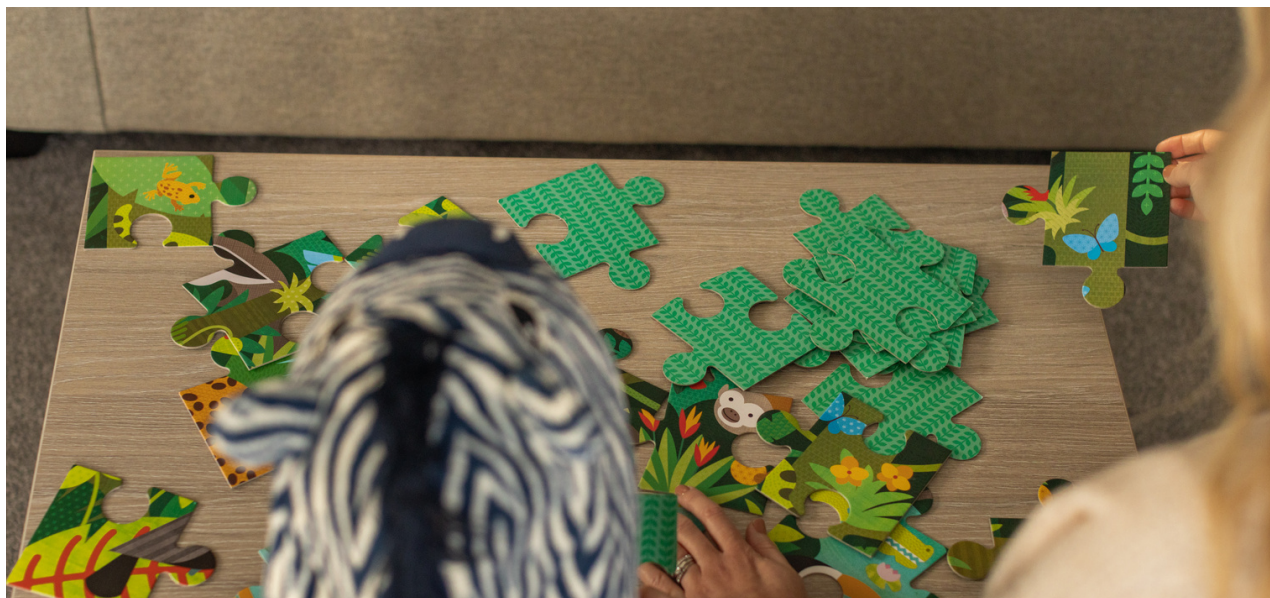
1. Press “⏻” to turn the heater on and the screen will display the room temperature.
2. To set the temperature press “set” and then press “^” or “v” to increase or decrease the temperature. Once the desired temperature is set the system will automatically update and return to its normal screen display of the room temperature.
3. Press “⏻” to turn off the device.

PRODUCT CONTROL PANEL









Induction Hob

1. Press the ON/OFF control for 3 seconds. After powering on, the buzzer beeps once, and all displays show “-”, indicating that the induction hob is in standby mode.
2. Place a suitable pan on the cooking zone that you wish to use. Make sure the bottom of the pan and the surface of the cooking zone is clean and dry.
3. According to the heat zone where you have placed the pan- select the key by pressing (key A)
4. Adjust the heat setting by touching the slider regulating control- (key D) If you do not choose a heat setting within a minute then the hob will automatically switch off and you will need to start again at step 1.
5. When you have finished cooking, touch the relevant (key A) that you wish to turn off.
6. Press “-” to decrease the power to 0. Or press the “+” and “-” at the same time and this will decrease to 0 straight away.
7. An “H” symbol will show on surfaces that are not safe to touch - it will disappear once it has cooled down.



Child Lock

1. Child lock function ON - Press the keylock control for 3 seconds. The timer indicator will show "Lo"
2. Child lock functions OFF - Make sure the hob is on then press and hold the keylock control for a while.

| Reference | Description |
|---|---|
| A |  Zone select key |
| B |  Child lock key |
| C |  ON/OFF key |
| D Power/Timer slider regulating key | |
|  | |
| F |  Boost control key/Keep warm key |
| G |  Timer key/Pause key |



HELP OUR PLANET B CORP



We're thrilled to be the UK's first B Corp-certified holiday park operator, and we're shaking up the industry with our fresh approach. We believe that businesses can make a positive impact, benefiting our owners, guests, and the environment, as well as our local community.

Our parks are designed to blend in with the surroundings, featuring wildlife-friendly landscapes and fostering relationships with the community. We offer a range of B Corp-certified products from local suppliers in our park shop, including Tarquin's Gin, Cornish Ketchup, and Kittows meats. We also have a collection stand for used toiletry packaging, which we repurpose creatively with a local company called MYGroup.

We provide free amenities for our canine campers, such as biscuits, fresh water, and eco-friendly dog bags, and we have a Big 5 nature trail for kids. We offer wooden belly boards and beach clean sets to borrow, and we support local sanctuaries like the Cornish Birds of Prey Centre and the Cornish Seal Sanctuary.

We're proud of our B Corp certification and would love for you to join us in our efforts to protect the environment.

LOCAL RESTAURANTS

Warm welcomes and so much delicious food on your doorstep at Penmarlam Lodge Retreat.





| Place | Address | More info |
|--|--|--|
| The Ship Inn & Willows Restaurant | Fore St, Lerryn, Lostwithiel PL22 0PT | 16th century village dog friendly watering hole with beer garden and BBQ area, as well as indoor restaurant and 'snug'. Located next to the river and village green serving locally sourced, homemade food. 10 minutes drive from park. |
| The Old Ferry Inn | Bodinnick, Fowey PL23 ILX | Late 1500's inn with spectacular views over Fowey harbour, the river and out to the English Channel, as well as 'Ferryside' the former family home of Daphne du Maurier. Traditional Cornish dog friendly pub with dining room, bar lounge and micro distillery. 9 minutes walk from park. |
| The Jubilee Inn | Jubilee Hill, Pelynt, Looe PL13 2JZ | Family and dog-friendly pub in historic Pelynt, with delicious food, charming atmosphere, spacious beer garden featuring summer live music, ample parking, and a diverse menu. 12 minutes drive from park. |
| The Galleon Inn | 12 Fore St, Fowey PL23 IAQ | Bright and spacious riverside pub with picturesque views over the Fowey river estuary and Pont Creek. Dining area, as well as dog friendly bar for informal dining. Often hosting live music and other events. 25 minutes drive from park. |
| Ship Inn | 3 Trafalgar Square, Fowey PL23 IAZ | Also known as 'The Old Lady of Fowey', The Ship Inn is a Grade II* listed building full of beautiful features such as intricate stained glass windows, panelled walls and snug nooks. 25 minutes drive from park. |

LOCAL SUPERMARKETS

Need a top-up shop? Pick up all your essentials and holiday goodies nearby.



Make sure you have everything you need for a holiday feast.



| Place | Address | More info |
|------------------|--|--|
| Co Op | Middleway Road, St Blazey, PL24 2JH | Monday to Saturday 7am to 10pm Sunday 10am to 4pm 30 minutes drive from park. |
| Tesco Superstore | Daniels Ln, Saint Austell PL25 3HT | Monday to Saturday 6am to 12am Sunday 10am to 4pm 35 minutes drive from park. |
| Tesco Express | 113 Tregonissey Rd, Tregonissey Cl, Saint Austell PL25 4DL | Monday to Sunday 7am to 10pm 35 minutes drive from park. |
| Co Op | Fore Street, East Looe, Looe, PL13 1DT | Monday to Sunday 7am to 10pm 20 minutes drive from park. |
| ASDA | Launceston Rd, Bodmin PL31 2AR | Monday to Saturday 6am - 12am Sunday 10am - 4pm 30 minutes drive from park |
| Sainsbury's | Dennison Rd, Bodmin PL31 2SS | Monday to Saturday 7am - 9pm 30 minutes drive from park |



NEED FUEL BEFORE YOU LEAVE?

Top up before you hit the road...



The best places to fuel up for your Fowey adventures.



| Place | Address | More info |
|---------------|--|---|
| BP | St Austell Rd, St Blazey Gate, PL24 2EE | Monday to Sunday 6am to 10:45pm 30 minutes drive from park. |
| Texaco Garage | St Austell Rd, Blazey Gate, PL24 2EE | Monday to Sunday 6am to 10:45pm 30 minutes drive from park. |
| Gulf | Bridge St, St Blazey, PL24 2NS | Monday to Sunday 7am to 7pm 25 minutes drive from park. |
| BP | Station Rd, Looe PL13 1HN | Monday to Sunday open 24 hours 20 minutes drive from park. |



FAMILY FRIENDLY DAYS OUT

Magical activities and trips are never far away...





| Place | Address | More info |
|-----------------------|-----------------------------------|---|
| Fowey | PL23 IAP | Hop on a 2-minute ferry via our direct ferry point to this picturesque port town bursting with independent shops and foodie hotspots. 20 minutes drive from park. |
| Lanhydrock House | Treffry Ln, Bodmin PL30 5AD | A stunning National Trust home with beautifully landscaped gardens and parkland. Children can explore the house's many rooms and learn about its fascinating history. 25 minutes drive from park. |
| Fowey Aquarium | Town Quay, Fowey PL23 IAT | This small but fascinating aquarium showcases the diverse marine life of the Cornish coast. Children can see creatures such as crabs, lobsters, and starfish up close. 25 minutes drive from park. |
| Readymoney Cove | Fowey, PL23 IJD | A lovely sandy beach with clear waters, perfect for paddling, swimming, or just relaxing. 25 minutes drive from park. |
| St Catherine's Castle | Fowey, PL23 IJH | A historic castle located on a hill overlooking Fowey harbour. Children will love exploring the castle's nooks and crannies and learning about its fascinating history. 25 minutes drive from park. |
| Polperro | Polperro, Looe PL13 2PL | This ancient and unspoilt fishing harbour is a great starting point for some ruggedly scenic coastal National Trust walks. 20 minutes drive from park. |

COUPLES DAYS OUT

Treat your other half to an extra special day out on your romantic Fowey getaway.





| Place | Address | More info |
|---|--|--|
| Visit a local beach | South Cornwall | There are plenty of beautiful beaches to choose from near Fowey, including Readymoney Cove, Polkerris Beach, and Par Sands. Pack a picnic for two and spend the day relaxing on the sand. |
| Discover the Lost Gardens Of Heligan | B3273, Pentewan, Saint Austell PL26 6EN | The Lost Gardens of Heligan are a beautiful and historic garden that has been restored to its former glory. Take a guided tour, or simply stroll hand in hand through the lush greenery. 50 minutes drive from park. |
| Visit the Eden Project | PL24 2SG | Take a romantic stroll through the gardens, or challenge each other to a zip-line adventure or a sky-high climb on the Eden Project's aerial walkway. 25 minutes drive from park. |
| St Catherine's Castle | Fowey, Cornwall, PL23 IJH | This historic fortification is located on a headland overlooking Fowey and the estuary. It's a great spot for a romantic picnic, and the views are stunning. 25 minutes drive from park. |

DAYS OUT WITH TEENAGERS

Take the whole family out for some adventure-packed fun in Fowey.





| Place | Address | More info |
|-----------------------------------|--|--|
| Adrenaline Quarry | Lower Clicker Rd, Menheniot, Liskeard PL14 3PJ | This adventure park offers activities like zip lining, giant swings, and coastering. It's a great place to get your adrenaline pumping and try something new. 30 minutes drive from park. |
| The Eden Project | PL24 2SG | The Eden Project is a must-visit attraction in Cornwall, featuring two huge biomes containing tropical and Mediterranean plants. The venue often hosts live music events and educational exhibits that teens will enjoy. 25 minutes drive from park. |
| Camel Creek Adventure Park | Tredinnick, Wadebridge PL27 7RA | This adventure park is perfect for families with teenagers. It has a wide range of rides, including roller coasters and water slides, as well as animal exhibits and live entertainment. 50 minutes drive from park. |
| Bodmin Jail | Berrycoombe Rd, Bodmin PL31 2NR | Bodmin Jail is a historic prison that has been converted into a museum. It features interactive exhibits and guided tours that will give your teens an idea of what life was like for prisoners in the 19th century. 30 minutes drive from park. |
| St Austell Brewery | 63 Trevarthian Rd, Saint Austell PL25 4BY | If your teens are interested in craft beer, the St. Austell Brewery is worth a visit. Take a tour of the brewery to learn about the beer-making process and sample some of their famous brews. 40 minutes drive from park. |



PET FRIENDLY DAYS OUT

Why not take your furry friend(s) out to explore our beautiful area?





| Place | Address | More info |
|----------------------------------|------------------------------------|---|
| Lanhydrock National Trust | Kestle Mill, Newquay TR8 4PG | This stunning country house from the late Victorian era boasts gardens filled with vibrant hues throughout the year, a lush wooded estate, and picturesque walking trails the dogs will love. 25 minutes drive from park. |
| Fowey Estuary | Estuary, Fowey PL23 INQ | Take a walk along the estuary with your dog and enjoy the stunning views of the river and countryside. 25 minutes drive from park. |
| The Eden Project | PL24 2SG | This iconic attraction is a must-visit when in Cornwall and is dog-friendly, allowing well-behaved dogs on leads into the outdoor areas. |
| St Catherine's Castle | Fowey, PL23 IJH | This English Heritage site is a great place to explore with your dog, with fantastic views over the Fowey estuary. |
| Polperro Heritage Coast | Fowey, PL24 | A beautiful coastal walk that is perfect for your furry friend to stretch their legs and enjoy the fresh sea air. |

TOP 3 LOCAL WALKS

Why not have a lovely stroll...





| Place | Address | More info |
|------------------------|---|---|
| The Hall Walk | 9 Hall Terrace, Bodinnick, PL23 ILX | <p>The Hall Walk is a circular route that starts and ends in Fowey, taking you through the picturesque countryside, quaint villages, and stunning coastline of the Fowey estuary. The walk is approximately 4 miles long and is suitable for walkers of all abilities.</p> <p>5 minutes drive from park.</p> |
| Readymoney Cove | Readymoney, Fowey, PL23 IJD. | <p>A short walk from Fowey, Readymoney Cove is a small and secluded beach that offers stunning views of the coastline. The walk to the beach is less than a mile and takes you through the pretty village of Polruan and along the cliff path overlooking the sea.</p> <p>25 minutes drive from park.</p> |
| Gribbin Head | PL24 2EF | <p>A longer walk, Gribbin Head is a 6-mile National Trust circular route that takes you along the South West Coast Path and offers stunning views of the coastline and the iconic Gribbin Daymark. The walk starts and ends in Fowey and takes you through the pretty village of Polridmouth and along the cliff path. This walk is best suited for experienced walkers due to the challenging terrain.</p> <p>30 minutes drive from park.</p> |

OUR TOP LOCAL BEACHES

You're in luck when it comes to beautiful beaches.





| Place | Address | More info |
|-----------------------|----------------------|---|
| Readymove Cove | Padstow, PL28 8SQ | This small sandy cove is just a 10-minute walk from Fowey and is perfect for swimming and sunbathing. |
| Talland Bay | Looe PL13 2JA | Famous for its clear waters, golden sand, and stunning scenery, this beach is perfect for swimming, snorkelling, and rock pooling. The surrounding cliffs and countryside provide an ideal backdrop for a relaxing day out. |
| Looe Beach | PL13 2AF | The beach is a crescent-shaped stretch of sand and shingle that is flanked by rocky cliffs on either side. The beach is approximately half a mile long and is divided into two sections by the River Looe estuary. |
| Lantic Bay | PL23 INP | This hidden gem lies on the tranquil and stunning coastline between Fowey and Polperro. It's not a chance discovery, but if you find it, you'll be rewarded with a breathtaking panorama of white sand and turquoise water. The bay is surrounded by towering cliffs and lush greenery. |

SEASONAL THINGS TO DO

Explore local events this year and enjoy your time in our beautiful area





| Place | Address | More info |
|---|--|---|
| Fowey Festival Of Arts & Literature 12th — 20th May | The Du Maurier Festival Society, PL23 IBQ | An amazing celebration of creativity and imagination that brings together some of the world's most talented artists, writers, and thinkers. 25 minutes drive from park. |
| Fowey Regatta and Carnival Week 13th — 19th August | Town Quay, Fowey PL23 IAT | The Fowey Regatta is a thrilling event that takes place in Fowey yearly. It's a week-long celebration of all things nautical, with exciting races and competitions on the River Fowey and followed up with carnival-themed fun in town, from processions to classic car rallies and crab-catching competitions. 25 minutes drive from park. |
| The Looe Weekender 15th — 17th September | All across Looe | A family-friendly coastal music fest with rock, pop, folk, and electronic acts across multiple stages. Plus, food, crafts, and more. 20 minutes drive from park. |



THINGS TO DO ON A RAINY DAY

Some of our all-time favorite picks...





| Place | Address | More info |
|-------------------------------|---|--|
| Fowey Museum | I South St, Fowey PL23 IBA | The museum offers an insight into the town's history, including its links with Daphne du Maurier, the famous novelist. 25 minutes drive from park. |
| The Eden Project | PL24 2SG | Located just a few miles from Fowey, the Eden Project is an indoor rainforest housed in massive biomes, which is a fascinating place to visit, whatever the weather. 25 minutes drive from park. |
| St Catherine's Castle | S W Coast Path, Fowey PL23 IJH | Visit this English Heritage site, which has some fascinating history behind it, with indoor exhibits and displays to learn from. 25 minutes drive from park. |
| Fowey Aquarium | Town Quay, Fowey PL23 IAT | This small aquarium in the town centre is an excellent place for a family visit, offering a glimpse of the local marine life. 25 minutes drive from park. |
| Polperro Model Village | Mill Hill, Polperro, Looe PL13 2RP | Just a quick drive away from Fowey, you can explore a delightful miniature version of the neighbouring fishing village. This charming model village features animated folklore exhibits and a model railway, perfect for a rainy day activity. 20 minutes drive from park. |



We'd love to hear all about your stay.
Could you spare a moment to share your experience
with us using the QR code below?

Thank you in advance!

HEY, SCAN ME!





THANK YOU



**We hope you enjoy
your stay!**

Penmarlam, Fowey PL23 ILZ

0333 200 2550

www.lovatparks.com
